



## KHENPO JAMYANG TENZIN VISIT SCHEDULE OCTOBER 2009

### FLIGHTS

#### Arrival:

22 October 2009 Sydney – Auckland – Napier 8.45pm

#### Departure:

28 October 2009 Napier – Auckland – Sydney – Cairns 7.00am

### VISIT ITINERARY

<b>THURSDAY</b>		
<b>22 October</b>		
<b>Location: Hawkes Bay Airport, Napier</b>		
<b>WELCOME:</b>	Greet Khenpo Jamyang Tenzin on arrival	8.15PM onwards
<b>FRIDAY</b>		
<b>23 October</b>		
<b>Location: PCL Centre, Herschell Street, Napier</b>		
<b>PRACTICE:</b>	Green Tara	7.00AM – 8.30AM
<b>Breakfast</b>		8.30AM – 9.30AM
<b>PRACTICE:</b>	Ngondro	9.30AM – 11.30AM
<b>Lunch</b>	Local Restaurant	12.00 midday
<b>INSTRUCTION:</b>	Overview Green Tara	2.00PM – 4.00PM
<b>PUBLIC TALK:</b>	<b><i>"Virtue of Mindfulness"</i></b>	7.00PM <i>followed up afterwards with sharing cup of tea, biscuits and general discussion</i>
<b>SATURDAY</b>		
<b>24 October</b>		
<b>Location: PCL Centre, Herschell Street, Napier</b>		
<b>PRACTICE:</b>	Green Tara	7.00AM – 8.30AM
<b>Breakfast</b>		8.30AM – 9.30AM
<b>TEACHING:</b>	<b><i>Chapter on Conscientiousness (Mindfulness) from The Bodhisattva's Way of Life #1</i></b>	10.00AM – 12.00midday
<b>Lunch</b>	Shared Lunch	12.00 midday
<b>TEACHING:</b>	<b><i>Conscientiousness (Mindfulness) #2</i></b>	2.00PM– 4.00PM
<b>PRACTICE:</b>	Ngondro	4.30PM– 6.00PM



# Phuntzok Choeling HB Buddhist Centre

P.O.Box 671 Napier

Hawkes Bay 4140

Tel: 08 3294 108

<b>SUNDAY</b>		
<b>25 October</b>		
<b>Location: PCL Centre, Herschell Street, Napier</b>		
<b>PRACTICE:</b>	Green Tara	7.00AM – 8.30AM
<b>Breakfast</b>		8.30AM – 9.30AM
<b>TEACHING:</b>	<b>Conscientiousness (Mindfulness)#3</b>	10.00AM – 12.00 midday
<b>Lunch</b>	Shared Lunch	12.30 midday
<b>TEACHING:</b>	<b>Conscientiousness (Mindfulness)#4</b>	2.00PM – 4.00PM
<b>PRACTICE:</b>	Ngondro	4.30PM – 6.00PM
<b>TEACHING:</b>	Introduction to SOOR Practice	5.00PM – 6.00PM

<b>MONDAY</b>		
<b>26 October</b>		
<b>Location: PCL Centre, Herschell Street, Napier</b>		
<b>PRACTICE:</b>	Green Tara	7.00AM – 8.30AM
<b>Breakfast</b>		8.30AM – 9.30AM
<b>PRACTICE:</b>	<b>SOOR Practice Prayers for the Deceased</b>	11.00AM – 1.00PM  <b>Location:</b> Taradale Cemetery, Puketapu Road, Taradale

<b>TUESDAY</b>		
<b>27 October</b>		
<b>Location: PCL Centre, Herschell Street, Napier</b>		
<b>PRACTICE:</b>	Green Tara	7.00AM – 8.30AM
<b>Breakfast</b>		8.30AM – 9.30AM
<b>PRACTICE:</b>	Ngondro	9.30AM – 11.30AM

<b>Wednesday</b>		
<b>28 October</b>		
<b>Location: Hawkes Bay Airport, Napier</b>		
<b>FAREWELL:</b>	Farewell Khenpo Jamyang Tenzin	6.30AM onwards

<b>COSTS</b>	<b>Members</b>	<b>Non-Members</b>
<b>PUBLIC TALK</b>	<b>\$7.00</b>	<b>\$10.00</b>
<b>TEACHINGS (2x sessions over 1 day)</b>	<b>\$35.00</b>	<b>\$40.00</b>
<b>TEACHINGS (4x session over 2 days)</b>	<b>\$70.00</b>	<b>\$80.00</b>
<b>INSTRUCTION (Green Tara)</b>	<b>\$5.00</b>	<b>\$5.00</b>
<b>PRAYERS FOR THE DECEASED</b>	<b>Gold Coin Donation</b>	